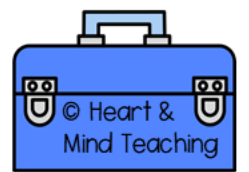
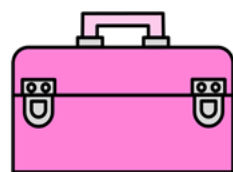
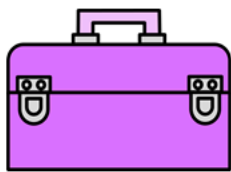
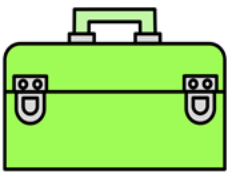
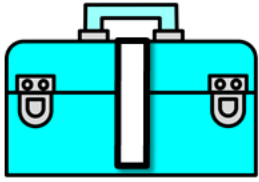


# BEHAVIOR TOOLBOX Bullying



# BEHAVIOR TOOLBOX



## Bullying

### What it looks like

\*Verbally and/or physically aggressive to show power over another person. Using physical force makes him/her feel in control. Student has likely seen this behavior at home.

\*Bad temper, brags often, threatens and embarrasses others.

\*Low self esteem, negative outlook. Bringing others down, makes him/her feel better about themselves.

\*Thinks others are out to get them or are disrespecting them.

\*Always causing or promoting trouble, the student is an attention seeker usually because they are not getting positive attention at home.

\*Student feels insecure (might not admit it) about self inadequacies. (Possible examples- learning disabled, overweight, uninvolved/neglectful/abusive parents, Low SES).

\*Struggles to make and keep friends, may think the only way to build relationships is with a show of force and being the toughest.

## Bullying

# BEHAVIOR TOOLBOX



## Bullying

### What to do

\*Create a good relationship with the student, show you respect and care about them. This is key, if the student can develop a positive relationship with you (it might be his only positive relationship) he/she will be more likely to work towards showing you those positive behaviors.

\*Give student responsibilities/class job, they need to feel important and successful, this gets them positive attention. Include the student in deciding consequences.

\*Overly praise positive behaviors, use words like "leader", "strong", "respectful" to describe the behavior you liked.

\*Pair with opposite gender for group work and class seating. (supervise)

\*Teach kindness, empathy, and human rights in the classroom, be specific about what it means, and what that looks like (ask class to give examples, include bully in discussion). This can be worked into any previous lesson, if your reading a book ask the class "How did the main character show kindness?."

\*Give them the perfect excuse, example: "Ms. Ashley will not let me fight" or "I can't fight cause I made a deal with Ms. A". It lets them still look cool, while blaming someone else.

\*Inform parents with student present, express that you respect all students including him/her and you want everyone to have a safe learning space. It is important to include the student in this talk so they don't view you as going behind their back. Remember, it's all about feeling respected..

\*Attempt to get student involved in school sports or clubs. Sports are a great way to get out some of that aggression and the student will feel more connected to school.

\*Always inform Admin and/or School Counselors, get the student in small group counseling for social skills or anger management.



## Bullying

# BEHAVIOR TOOLBOX



## Bullying

### What NOT to do

\*Do not scold student in front of others, the bully is looking for attention so avoid (if possible) any public reprimands.

\*Do not attack the person, attack the behavior (by increasing positive behaviors). For example, instead of saying "What you did to him was mean", say "That kind of behavior is mean".

\*Do not exclude student. He/she will only feel disrespected and resentful and it will not help to change his behavior, which is the ultimate goal. He/she also needs to practice appropriate social skills during those times. Heavily supervise and praise him/her when you see good social interactions.

\*Do not tell him that others do not like him, instead try to explain "Here's how to get others to respect you and vice versa".

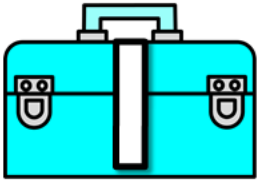
\*Do not try to bribe the bully to stop.

\*Do not be tough with the student, the bully is used to tough talk that's probably why he is a bully. Throw the bully off by being calm, kind, and gentle.

## Bullying

# BEHAVIOR TOOLBOX

## Bullying Quick Guide



### what it looks like

- \*Verbally and/or physically aggressive.
- \*Bad temper, brags often, threatens and embarrasses others.
- \*Low self esteem, negative outlook.
- \*Thinks others are out to get them or are disrespecting them.
- \*Always causing or promoting trouble.



### what to do

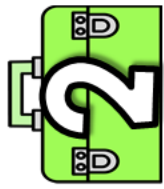
- \*Create a good relationship with student, show you respect and care.
- \*Give student responsibilities/class job.
- \*Overly praise positive behaviors, use words like "leader", "strong", "respectful"
- \*Pair with opposite gender for group work and class seating (carefully supervise).
- \*Include student in deciding consequences.
- \*Inform parents with student present, express that you respect all students including him/her, but the victim also deserves respect.
- \*Inform Admin and/or School Counselors.



### what NOT to do

- \*Do not scold student in front of others.
- \*Do not attack the person, attack the behavior (by increasing positive behaviors)
- \*Do not exclude student.
- \*Do not tell him that others do not like him, say "Here's how to get others to respect you"





# Bullying

## What to do (Cont.)

\*Inform parents with student present, express that you respect all students including him/her and you want everyone to have a safe learning space. It is important to include the student in this talk so they don't view you as going behind their back. Remember, it's all about feeling respected.

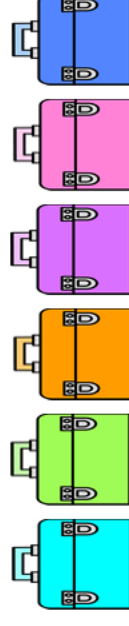
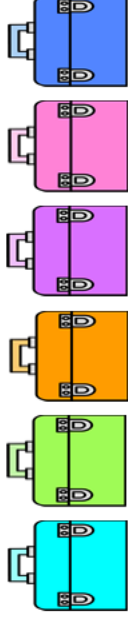
\*Attempt to get student involved in school sports or clubs. Sports are a great way to get out some of that aggression and the student will feel more connected to school.

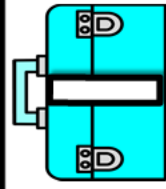
\*Always inform Admin and/or School Counselors, get the student in small group counseling for social skills or anger management.

"A change in  
behavior  
begins with a  
change in  
the heart."

# BEHAVIOR TOOLBOX

## Bullying





# Bullying

## What it looks like

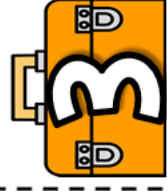
- \*Verbally and/or physically aggressive to show power over another person. Using physical force makes him/her feel in control. Student has likely seen this behavior at home.
- \*Bad temper, brags often, threatens and embarrasses others.
- \*Low self esteem, negative outlook. Bringing others down, makes him/her feel better about themselves.
- \*Thinks others are out to get them or are disrespecting them.
- \*Always causing or promoting trouble, the student is an attention seeker usually because they are not getting positive attention at home.
- \*Student feels insecure (might not admit it) about self inadequacies. (Possible examples- learning disabled, overweight, uninvolved/neglectful/abusive parents, Low SES).
- \*Struggles to make and keep friends, may think the only way to build relationships is with a show of force and being the toughest.



# Bullying

## What to do

- \*Create a good relationship with the student, show you respect and care about them. This is key, if the student can develop a positive relationship with you (it might be his only positive relationship) he/she will be more likely to work towards showing you those positive behaviors.
- \*Give student responsibilities/class job, they need to feel important and successful, this gets them positive attention. Include the student in deciding consequences.
- \*Overly praise positive behaviors, use words like "leader", "strong", "respectful" to describe the behavior you liked.
- \*Pair with opposite gender for group work and class seating. (supervise)
- \*Teach kindness, empathy, and human rights in the classroom, be specific about what it means, and what that looks like (ask class to give examples, include bully in discussion). This can be worked into any previous lesson, if your reading a book ask the class "How did the main character show kindness?"
- \*Give them the perfect excuse, example: "Ms. Ashley will not let me fight" or "I can't fight cause I made a deal with Ms. A." It lets them still look cool, while blaming someone else. (Continues on the flap)



# Bullying

## What NOT to do

- \*Do not scold student in front of others, the bully is looking for attention so avoid (if possible) any public reprimands.
- \*Do not attack the person, attack the behavior (by increasing positive behaviors). For example, instead of saying "what you did to him was mean", say "That kind of behavior is mean".
- \*Do not exclude student. He/she will only feel disrespected and resentful and it will not help to change his behavior, which is the ultimate goal. He/she also needs to practice appropriate social skills during those times. Heavily supervise and praise him/her when you see good social interactions.
- \*Do not tell him that others do not like him, instead try to explain "Here's how to get others to respect you and vice versa".
- \*Do not try to bribe the bully to stop.
- \*Do not be tough with the student, the bully is used to tough talk that's probably why he is a bully. Throw the bully off by being calm, kind, and gentle.





Click the logos above  
to *follow* me

And be the first to know about  
discounts, freebies, and products!



## RECOMMENDED RESOURCES

This product and  
**49** others are  
included in this  
Bundle







Click the icon to *follow me*



## TERMS OF USE

Copyright

© Heart & Mind Teaching

All rights reserved. Purchase of this item entitles the purchaser the right to reproduce for classroom and personal use only. Use in multiple classrooms, requires the purchase of additional licenses. Redistribution or duplication of this product is strictly forbidden without the written permission of the publisher. Copying any part of this product and placing it on the internet is strictly forbidden and is a violation of the Digital Millennium Copyright Act (DMCA). You may reference this product in posts, PROVIDED there is a link back to my TPT store and credit is given to myself as the Author. Thank you for abiding by universally accepted codes of professional ethics while using this product.

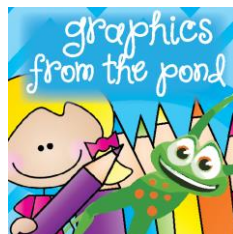
If you encounter an issue with your file, notice an error, or are in any way experiencing a problem, please contact me and I will be happy to help sort it out!

*Thank you for your purchase!*

♡ *Ashley* [HeartandMindTeaching@gmail.com](mailto:HeartandMindTeaching@gmail.com)



## CLIP ART/FONT CREDIT



[Gayle McGlaufflin](#)